

# DANIELLE

OCCUPATION: Mom



Danielle is the mother of Katie, a scoliosis patient and peer at APC. She's a very positive person who loves helping parents who are overwhelmed at the thought of their child in a brace. Here, she shares her thoughts.

## What is the most rewarding part of being the parent of a child with scoliosis?

To see that it hasn't changed Katie and who she is. She has embraced it and it doesn't define her.

## What's the most challenging part?

Getting the 21 hours of brace time in during softball tournaments.

## What keeps you sane?

Not letting it be a big deal. It is what it is.

## The worst advice you have received as a scoliosis parent:

Fortunately, I haven't received any bad advice. And hopefully, I haven't given any either.

## What are some of your favorite scoli parent hacks?

To prevent holes in shirts, put a cami over the brace.

## The best advice you'd give to the parent of a child with scoliosis:

To remember that bracing is for just a short period in their life, and that there things much worse than scoliosis.