

KATIE

OCCUPATION: Student



Katie is a scoliosis patient at APC. Positive and upbeat by nature, she doesn't pay her condition much mind and finds it little more than a temporary inconvenience. Here, she shares her thoughts.

When did you first learn about scoliosis and what was your reaction?

I was 9 years old when I found out. It didn't really bother me.

Top things people who don't have scoliosis don't understand:

1. It doesn't hurt me.
2. Yes, I sleep with the brace on.

The rudest thing someone has said about your curvature:

Maybe I'm just really lucky, but no one has ever said an thing rude!

The worst things about having scoliosis:

To be honest, I don't really find it all that bad, but sometimes the brace does get a little uncomfortable.

The best things about having scoliosis:

People are always interested and ask questions about my brace.

The best advice you'd give someone with scoliosis:

Wearing a brace is only a short part of your life, and it could always be a lot worse.